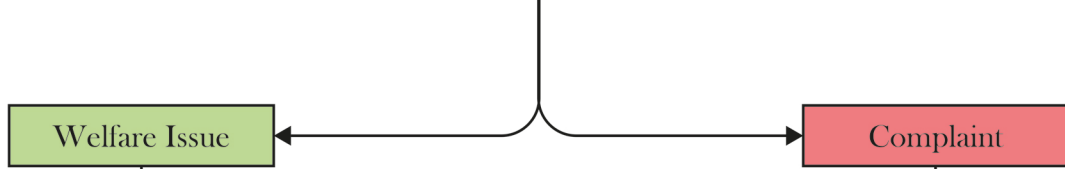


OUSC Welfare Incidents and Complaints Resources



Just fancy a chat?
 If you just want a friendly ear to discuss your issue with, a welfare officer will always be open to chatting with you.
 If not :

Internal

Email for support

Write an email to a welfare officer, vice captain or second's captain detailing your situation.

External

Email for support

Write an email to a welfare officer, university or your college detailing your situation.

Internal

Welfare comitee involved?

Was any member of the welfare comitee involved in your complaint? If so they will need to be excluded from the reporting process.

Yes

Fill in the form
 Fill in the form and submit it to either a welfare rep or one of the comitee.

Fill in the form
 Fill in the form, excluding those involved.
 Contact college/uni.
 Otherwise :

Other ways to get help
 A reminder that there are external sources of support as well, find a selection of them listed here :

External

Can we help?

Yes

Complete the form/email a welfare officer if OUSC can help. Alternatively, contact your college/university support services.

No

If we can't help, or you don't wish to involve internal support you can go to external sources.

Other organisations

There are many external organisations, a selection listed here, that can help with supporting you in any situation or emergency. Remember, there will always be help and support available to you any time you may need it.

Sources of Support

- Emergencies :**
If you are in immediate danger call "999"
- University security service 24 hour hotline - 01865 289999
 - Oxford night line - 01865 270270 (open 8pm - 8am from 0th - 9th week)
 - Your porters lodge
- OUSC welfare :**
- Welfare officer
 - Jackson Spry - jackson.spry@bnc.ox.ac.uk
 - Vice captains
 - Chloe Davis - chloe.davis@jc.ox.ac.uk
 - Owen Lawton - owen.lawton@stcatz.ox.ac.uk
 - 2nds captains
 - Joel Fernandez - joel.fernandez@jesus.ox.ac.uk
 - Lucy Greenwood - lucy.greenwood@spc.ox.ac.uk
 - President
 - Felix Gallagher - felix.gallagher@seh.ox.ac.uk
 - Senior member
 - Thorsten Hauler - thorsten.hauler@dpag.px.ac.uk
- University support :**
- Water polo welfare
 - Emily Lennon - emily.lennon@balliol.ox.ac.uk
 - Sports Fed welfare officers
 - Daniel Tibbitt - daniel.tibbitt@sport.ox.ac.uk
 - Andrew Taylor - andrew.taylor@sport.ox.ac.uk
 - OU counselling service
 - 01865 270300 - counselling@admin.ox.ac.uk
 - OU sexual harassment and violence support service
 - supportservice@admin.ox.ac.uk
- Charities :**
- Oxford sexual abuse and rape crisis centre
 - 0800 783 6294 (free) or 01865 726295
 - Samaritans
 - 116 123 or 01865 722122 for the Oxford Samaritans
 - Mind
 - 0300 123 3393
 - Beat
 - 0808 801 0677
 - (opens 12pm - 8pm weekdays, 4pm - 8pm weekend)

Additional information

This document is only a recommendation, please make your own informed decision as to the best course of action for your specific situation.

It is important to remember, welfare officers are not trained professionals, they are students like you.

Whilst we will make every effort to keep all interactions confidential, it is important to note that if there is an immediate risk to you or somebody else confidentiality will be broken.

Online reporting form - <https://tinyurl.com/OUSC-Form>